

PANDAS/PANS Advisory Council – Subcommittee Meeting
Focus Area – Practice guidelines for diagnosis and treatment
Libbie Mill Library – Conference Room
Friday, March 22, 2019
1:00 p.m. – 3:00 p.m.

Meeting Minutes

Members Present: Ms. Jessica Gavin, Dr. David Jaffe, Dr. Susan Swedo, Dr. Wei Zhao

By Phone: Dr. Melissa Nelson

VDH Staff Present: Ms. Robin Buskey

Welcome and Agenda Overview

Dr. David Jaffe called the meeting to order and informed the group that Dr. Melissa Nelson had previously requested to participate via conference call, as she was unable to attend in person due to her pediatric practice being short-staffed. Dr. Jaffe provided an overview of the meeting agenda. The purpose of the meeting was to finalize revisions to the PANS/PANDAS algorithm.

Revisions to the PANS/PANDAS Diagnosis and Treatment Algorithm

The latest draft version of the PANS/PANDAS Diagnosis and Treatment Algorithm document (dated 8/20/2018) was provided in advance of the meeting. The electronic version of the draft document was placed on the overhead screen and Dr. Jaffe made all edits to the algorithm during the meeting based on feedback and consensus of the group. Key revisions included the following:

- Renamed document title; replaced “diagnosis” with “evaluation”
- Moved autism reference to History section
- Moved the reference to JCAP guidelines to end of Evaluation
- Revised language to more clearly describe a diagnosis of PANS
- Included one additional antibiotic for treatment; revised language to more clearly and accurately describe the prescription for treatment
- Revised language to refer to child psychiatrist
- Revised language to clarify schedule of follow-up appointment in one to two weeks
- Revised language to include note regarding choice of anti-inflammatory therapy
- Revised language regarding follow-up appointment upon antibiotic completion
- Included references and links to the Journal of Child & Adolescent Psychopharmacology overview and treatment guidelines

General language, wording and formatting changes were also made for consistency and clarity. Dr. Jaffe saved all final revisions to the document and emailed it to Ms. Robin Buskey for dissemination to the full council in advance of the April meeting. Dr. Jaffe also asked that Ms. Buskey share the document with the subcommittee scheduled to meet on March 25, 2019 to inform development of the FAQs document for parents and educators, if needed.

Adjournment

The meeting adjourned at 2:20 p.m.